

- 2023 -

NOVEMBER

WEDNESDAY

THURSDAY

FRIDAY

MONDAY

TUESDAY

LUNCH MENU

**CENTRAL
&
ADAMS**

Additional milk or milk for sack lunches - \$.35

A FRESH FRUIT AND MILK (1% WHITE OR CHOCOLATE) COMES WITH EACH MEAL

ITEMS UNDERLINED ARE MADE FROM SCRATCH.

ITEMS WITH * ARE MADE WITH LOCAL FOODS.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

	6 <u>**Pizza Bake</u> <u>Roasted Squash</u> <u>Roasted Broccoli</u> Fruit Milk	7 <u>**Walking Taco</u> Salsa/Sour Cream Lettuce/tomatoes Refried Beans Fruit	8 <u>**Chicken & Noodles</u> <u>**Dinner Roll</u> Peas Carrots Fruit	9 <u>**Hamburger</u> Tomatoes/Lettuce/ Cheese/Pickles <u>Potato Wedges</u> Fruit	10 <u>**Creamed Chicken & Biscuit</u> <u>**Mashed Potatoes</u> Peas
13 <u>Spaghetti w/</u> <u>**meat sauce</u> <u>Garlic Bread</u> Green Beans Fruit	14 <u>**Steak Quesadilla</u> Tortilla Chips Salsa/Sour cream Black Beans <u>Mexican Corn</u> Fruit	15 Stuffed Aria Cheese Breadstick w/ <u>marinara</u> <u>Salad w/ dressing</u> Fruit Pumpkin Bar	16 <u>**Chicken Strips</u> <u>French Fries</u> Baked Beans Fruit	17 <u>**Meatloaf</u> Bread & Butter <u>**Mashed Potatoes</u> Carrots Fruit	
20 <u>**Sloppy Joe</u> Corn on the Cob <u>Roasted Parmesan Broccoli</u> Fruit	21 <u>**Turkey/Ham Stuffing</u> <u>**Mashed Potatoes w/ gravy</u> Pumpkin Pie	22 No School	23  Thanksgiving Day <small>shutterstock.com - 1838638342</small>	24 No School	
27 <u>**Chocolate Chip Pancake w/ syrup</u> Bacon Roasted Potatoes Cinnamon Apples	28 <u>Mac & Cheese</u> <u>**Pigs in a blanket</u> Broccoli & Cauliflower Fruit	29 Stuffed Aria Pepperoni Pizza Breadstick w/ <u>marinara</u> <u>Salad w/ dressing</u> Fruit	30 <u>Lasagna</u> <u>Garlic Bread</u> Green Beans Fruit		